

Drill 4 – Coach Lesson Plan (45 Minutes)

Theme

Food and Health – Healthy Eating

Phonics Objective

Read and pronounce short vowel words followed by consonants B–G.

Primary Goal for Today

- Read 10–12 short vowel words accurately.
 - Read 6–8 short sentences smoothly.
 - Write 1 simple sentence using a drill word.
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0–5 Minutes – Warm-Up (Short Vowel Review)

- Say short vowel sounds together: a, e, i, o, u.
- Coach models 3 words: **bag, neck, duck**.
- Learner repeats clearly.

5–15 Minutes – Word Reading (Trimmed Set)

Starter Set (12 words):

bag, beg, big, bug, back, neck, kick, rock, duck, fed, lid, rod

1. Point and read each word.
2. Repeat difficult words 2–3 times.
3. Optional: Sort by vowel sound (a / e / i / o / u).

Add additional words only if learner is comfortable.

15–25 Minutes – Core Interactive Activity

Select ONE:

- **Listen** → Choose the printed word
- **Picture** → Choose the word (if helpful)

Keep instructions simple:

- Listen carefully.
- Find the word.
- Say it clearly.

25–35 Minutes – Read Aloud

Choose 6–8 sentences from the drill.

- Ducks have webbed feet.
- The rock was too heavy to lift.
- The web is sticky.
- Call a cab for Dad.
- The bag tore.
- You will be laughing.

Read once slowly. Read again smoothly.

35–40 Minutes – Writing Practice

Choose ONE:

- Write 3 drill words from memory.
- Write one sentence using: bag, duck, or rock.
- Complete 3 short fill-in-the-blank sentences.

40–45 Minutes – Theme Connection (Healthy Eating)

Short discussion:

- What healthy foods do you eat?
- Why is it important to read food labels?
- What do you usually pack in your lunch bag?

Optional extension (if appropriate):

- Write a short grocery list (5 items).
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Wrap-Up

- Repeat 3 confident words.
- Ask: Which word was easiest?
- Ask: Which word needs more practice?